



Your menu



EASTBOUND

Welcome on board

You're very welcome on board.
Sit back, relax and we'll look after you.

In your hands is our seasonal menu,
with every dish tailor-made to make
your time in the skies extra special.

Whether you want a lighter, healthier
meal or to indulge in comfort food,
we've got great options for you. Each
dish is designed with your needs in
mind, including melatonin-rich foods
to help you get a good night's rest.
You'll see delicious vegetarian meals
packed full of flavour, plus lots more
tasty snacks.

As part of our goal to reach net-zero
carbon emissions by 2050, we've
carefully considered where all the
food you'll enjoy today has been
grown and raised.

And of course Irish flavours remain
at the heart of our menu. We hope
you enjoy it.



Main meal

EXPRESS TRAY

Prefer to settle down to sleep sooner?

We recommend our express tray:

Deliciously smooth artichoke soup finished with grilled truffled artichokes

Allergens: contains celery, milk

Salad of quinoa, charred pepper and raisins on a tahini mint dressing, topped with zesty courgettes

Courgette is also known as zucchini. Allergens: contains sesame, sulphites

New York-style vanilla cheesecake with a buttery graham cracker base and blueberry compote

Contains coconut. Allergens: contains wheat, milk, soya, sulphites

STARTER

Chunks of hot-smoked salmon with an autumnal fennel slaw on herb mayo, served with a burnt lemon wedge

Allergens: contains eggs, fish, mustard, soya, sulphites

Or

Deliciously smooth artichoke soup finished with grilled truffled artichokes

Allergens: contains celery, milk

Ask about our tasty bread options and choose your favourite

ENTRÉES

Juicy marinated skin-on chicken on a caramelised onion and sage purée with grilled asparagus, honey glazed carrots and a chicken jus

Allergens: contains milk, soya, sulphites

Seared grass-fed beef fillet with celeriac gratin, buttered spring cabbage, glazed pearl onions and a creamy peppercorn sauce

Country of origin of beef: USA. Allergens: contains celery, milk, mustard, soya, sulphites

Hearty spiced beetroot and fennel ragout, smashed butter beans and a mix of wilted kale and chard

Butter beans also known as lima beans. Allergens: contains celery, sulphites

DESSERT

New York-style vanilla cheesecake with a buttery graham cracker base and blueberry compote

Contains coconut. Allergens: contains wheat, milk, soya, sulphites

Or

Locally-sourced cheese board, featuring camembert and cheddar cheeses, crackers and quince chutney

Allergens: contains wheat, milk

Breakfast

Sweet blueberry, cacao and zingy ginger smoothie

Contains coconut. Allergens: contains milk, sulphites

Crunchy toasted quinoa granola with natural yogurt
and a melt-in-the-mouth apricot compote

Contains coconut. Allergens: contains milk, sulphites

Our famously tasty bacon roll

Allergens: contains wheat, milk

Tea or coffee

Flying from the West Coast of America? You can enjoy...

Light and airy ricotta pancakes on lemon curd, served
with American maple bacon and whole blueberries

Allergens: contains wheat, barley, eggs, milk, sulphites

Or

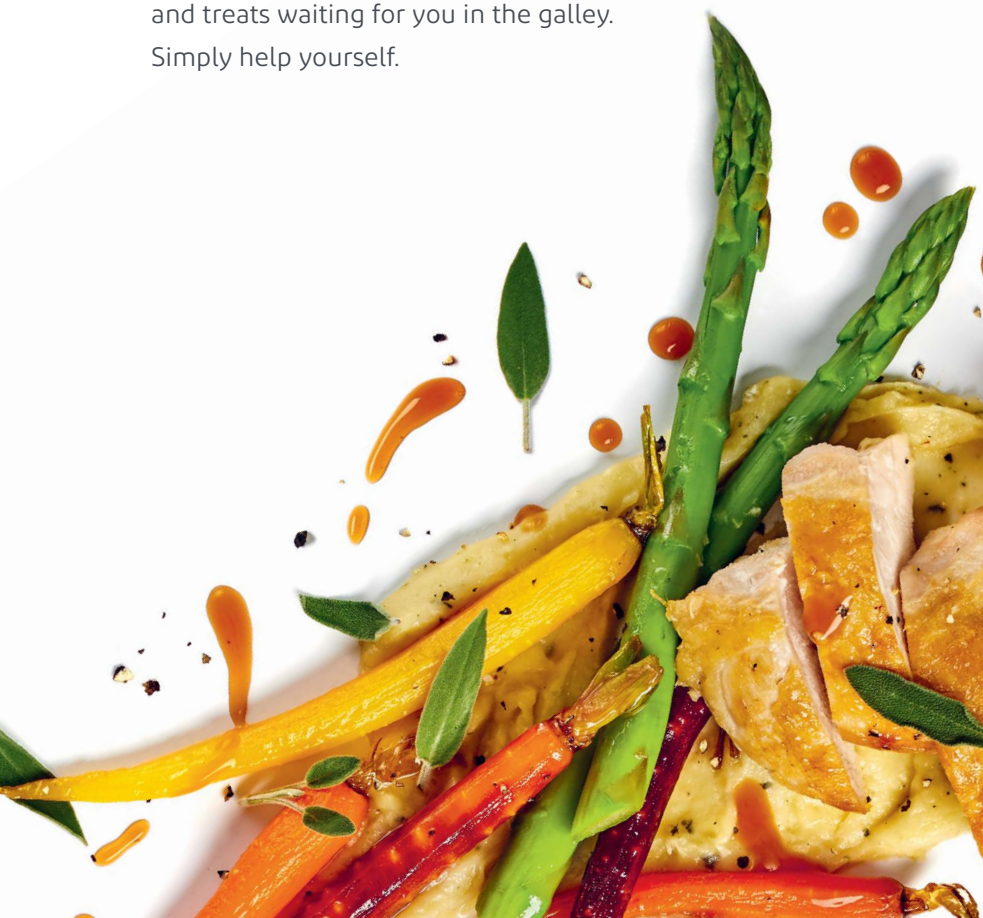
Fluffy tomato pepper omelette with a potato galette,
sautéed spinach and a slow-roasted confit tomato

Allergens: contains wheat, barley, eggs, milk, sulphites

FEELING PECKISH?

There's a lovely selection of snacks
and treats waiting for you in the galley.

Simply help yourself.



Wines

RED WINES

**Les Clos Rouge Terroir Basalte, 2022, François Lurton,
Domaine de Nizas, AOP Languedoc, France**

A rich and spicy offering from François Lurton in southern France. Spicy syrah, sweet grenache, full-bodied mourvèdre and peppery carignan results in a structured and intense red with lots of character.

Allergens: contains sulphites

**Merlot Cabernet, 2022, Main Divide,
Waipara Valley, New Zealand**

Breathe in dark forest fruits with an earthy character and take a sip for a full-bodied and intense flavour. This impactful red echos its home, the mountain range that divides New Zealand's southern island.

Allergens: contains sulphites

WHITE WINES

**Legado Chardonnay Reserva, 2023,
De Martino, Limarí Valley, Chile**

The De Martino family have been producing wine just north of Santiago since 1934. Fittingly, Legado means legacy. Enjoy this creamy and textured chardonnay, which is full of flavour and intensity.

Allergens: contains sulphites

**Monte Velho Branco Organic, 2022,
Esporão, Alentejo, Portugal**

Named after a southern Portuguese mountain, this indigenous grape blend reflects its native land. With aromas of white peach and citrus, it is well-balanced with an elegant body and a long finish.

Allergens: contains sulphites

CHAMPAGNE

Jean Pernet Tradition Brut NV Champagne, France

This fine Champagne has a lightly toasted nose with exceptional freshness and floral notes. Its delightfully crunchy palate is followed by a long-lasting finish.

A blend of 50% Pinot Noir, 40% Chardonnay and 10% Pinot Meunier, this Cuvée Tradition is truly elegant.

Allergens: contains sulphites

TIME FOR A COCKTAIL?

Sip on something special in the sky with our signature cocktail or try our newest selection from Whitebox Cocktails.

Squeezy's Margarita

Chipper's Old Fashioned

Allergens: contains sulphites

Classic Cosmo

Signature Cocktail

Allergens: contains sulphites

Drinks

Jameson Whiskey

Jack Daniels Whiskey

Teeling Single Pot Still Whiskey

Bombay Sapphire Gin

Drumshanbo Gunpowder Gin

Grey Goose Vodka

Smirnoff Vodka

Hennessy Brandy

Bacardi Rum

Kopke 10 Year Old Tawny Port Allergens: contains sulphites

Baileys Allergens: contains milk

Heineken® Allergens: contains barley, sulphites

Birra Moretti Allergens: contains barley, sulphites

Magners Irish Cider Allergens: contains sulphites

Coke

Diet Coke

Coke Zero Sugar

Sprite

Fanta Orange

Schweppes Soda Water

Schweppes Tonic

Schweppes Slimline Tonic

Schweppes Ginger Ale

Big Tom Tomato Juice Allergens: contains celery, barley, mustard