



Your menu



EASTBOUND

Welcome on board

You're very welcome on board.
Sit back, relax and we'll look after you.

In your hands is our seasonal menu,
with every dish tailor-made to make
your time in the skies extra special.

Whether you want a lighter, healthier
meal or to indulge in comfort food,
we've got great options for you. Each
dish is designed with your needs in
mind, including melatonin-rich foods
to help you get a good night's rest.
You'll see delicious vegetarian meals
packed full of flavour, plus lots more
tasty snacks.

As part of our goal to reach net-zero
carbon emissions by 2050, we've
carefully considered where all the
food you'll enjoy today has been
grown and raised.

And of course Irish flavours remain
at the heart of our menu. We hope
you enjoy it.



Main meal

EXPRESS TRAY

Prefer to settle down to sleep sooner?

We recommend our express tray:

Deliciously smooth artichoke soup finished with grilled truffled artichokes

Allergens: contains celery, milk

Salad of quinoa, charred pepper and raisins on a tahini mint dressing, topped with zesty courgettes

Courgette is also known as zucchini. Allergens: contains sesame, sulphites

New York-style vanilla cheesecake with a buttery graham cracker base and blueberry compote

Contains coconut. Allergens: contains wheat, milk, soya, sulphites

STARTER

Chunks of hot-smoked salmon with an autumnal fennel slaw on herb mayo, served with a burnt lemon wedge

Allergens: contains eggs, fish, mustard, soya, sulphites

Or

Deliciously smooth artichoke soup finished with grilled truffled artichokes

Allergens: contains celery, milk

Ask about our tasty bread options and choose your favourite

ENTRÉES

Juicy marinated skin-on chicken on a caramelised onion and sage purée with grilled asparagus, honey glazed carrots and a chicken jus

Allergens: contains milk, soya, sulphites

Seared grass-fed beef fillet with celeriac gratin, buttered spring cabbage, glazed pearl onions and a creamy peppercorn sauce

Country of origin of beef: USA. Allergens: contains celery, milk, mustard, soya, sulphites

Hearty spiced beetroot and fennel ragout, smashed butter beans and a mix of wilted kale and chard

Butter beans also known as lima beans. Allergens: contains celery, sulphites

DESSERT

New York-style vanilla cheesecake with a buttery graham cracker base and blueberry compote

Contains coconut. Allergens: contains wheat, milk, soya, sulphites

Or

Locally-sourced cheese board, featuring camembert and cheddar cheeses, crackers and quince chutney

Allergens: contains wheat, milk

Breakfast

Sweet blueberry, cacao and zingy ginger smoothie

Contains coconut. Allergens: contains milk, sulphites

Crunchy toasted quinoa granola with natural yogurt
and a melt-in-the-mouth apricot compote

Contains coconut. Allergens: contains milk, sulphites

Our famously tasty bacon roll

Allergens: contains wheat, milk

Tea or coffee

FEELING PECKISH?

There's a lovely selection of snacks
and treats waiting for you in the galley.
Simply help yourself.



Wines

RED WINES

Don David Malbec, 2023, El Esteco, Salta, Argentina

Hailing from the sky high Calchaqui Valley, this malbec combines violet-scented fruit with a succulent texture. Beautifully intense, yet refined, it balances soft tannins with notes of plum, red fruits and a hint of chocolate.

Allergens: sulphites

El Tiempo Que Nos Une, 2022, Bodega Cerron, Jumilla, Spain

This 100% Monastrell wine delivers a marked salinity and refreshing mouthfeel thanks to the calcareous soils in the Fuente-Álamo vineyards. With an immediate fruitiness, this village wine encapsulates its landscape.

Allergens: contains sulphites

WHITE WINES

Chardonnay, 2023, Les Mougeottes, IGP Pays d'Oc, France

Breathe in lemon and vanilla fragrances and enjoy a round, fruity body with a hint of vanilla oak. From vineyards to the east of Carcassonne, this chardonnay pairs a natural ripeness with a savoury character.

Allergens: contains sulphites

Fonte Vinho Verde, 2023, Aveleda, Portugal

Crafted from indigenous grapes, this radiant pale yellow blend is a true expression of its northern Portuguese home. A touch effervescent with green apple and lime notes, it is vibrant, mineral and refreshingly citrusy.

Allergens: contains sulphites

ROSÉ WINES

Pinot Grigio Blush, 2023, Via Nova, Veneto, Italy

A modern varietal from northern Italy, this is a light and easy-to-drink wine. This delightfully pink pinot grigio rosé is perfumed with cranberries and raspberries. Take a sip for flavours of strawberry and citrus.

Allergens: contains sulphites

CHAMPAGNE

JM Gobillard et Fils Tradition Brut, France

This elegant Champagne comes from an excellent quality producer in the village of Hautvilliers, between Taittinger and Dom Pérignon. It is full-bodied and balanced with notes of ripe apples, white flowers, brioche and gingerbread. Made with 35% Pinot Noir, 25% Meunier and 30% Chardonnay grapes, the palate is fleshy, ample, fresh and long on the finish.

Allergens: contains sulphites

TIME FOR A COCKTAIL?

Sip on something special in the sky with our signature cocktail or try our newest selection from Whitebox Cocktails.

Squeezy's Margarita

Chipper's Old Fashioned Allergens: contains sulphites

Classic Cosmo

Signature Cocktail Allergens: contains sulphites

Drinks

Jameson Whiskey

Jack Daniels Whiskey

Bombay Sapphire Gin

Gordon's Gin

Smirnoff Vodka

Cîroc Vodka

Bardinet Brandy

Bacardi Rum

Graham's Port

Baileys Allergens: contains milk

Heineken® Allergens: contains barley, sulphites

Magners Irish Cider Allergens: contains sulphites

Coke

Diet Coke

Sprite

Schweppes Ginger Ale

Schweppes Signature Tonic

Schweppes Soda Water

Britvic Tomato Juice Allergens: contains celery, barley